

Spec. number: 24

Technique: Removing block (Hazushi-uke)

Kata: N2, Gojushiho

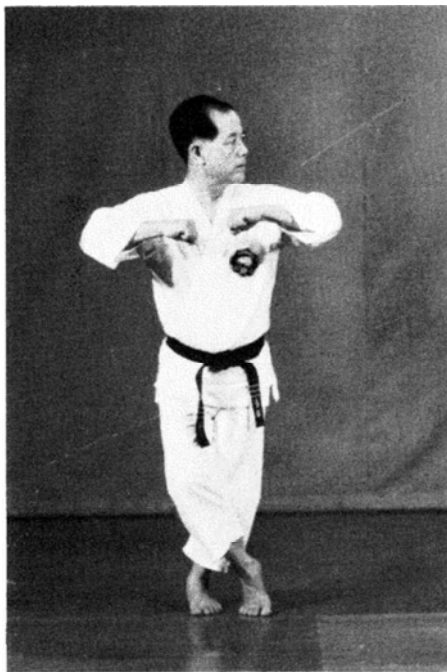
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Description: This is formed by raising the forearms quickly to chest height, with forearms level, fists about one fist-width apart, and one fist-width from the chest. Naihanchi II and Gojushiho (Figs. 19, 20).

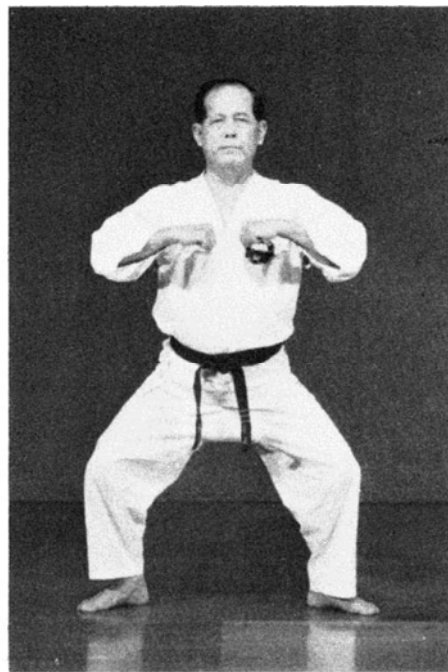
Comments: Hanshi describes the bunkai as striking or escaping from an opponent who has grabbed us from behind. Master Ueshiro also emphasized the offensive use of this technique by making a big windup (chambering the arms in an "X") followed by powerful elbow strikes to the sides. See the Kata DVD.



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Photographs: 88(19, 20)

Nihanchi ni: 153(4), 155(10)

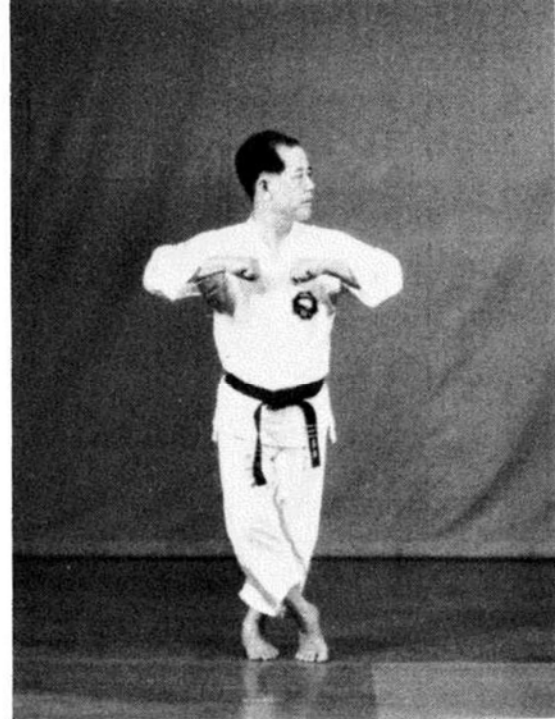
Gojushiho: 213(35)

Nihanchi ni 153(4)

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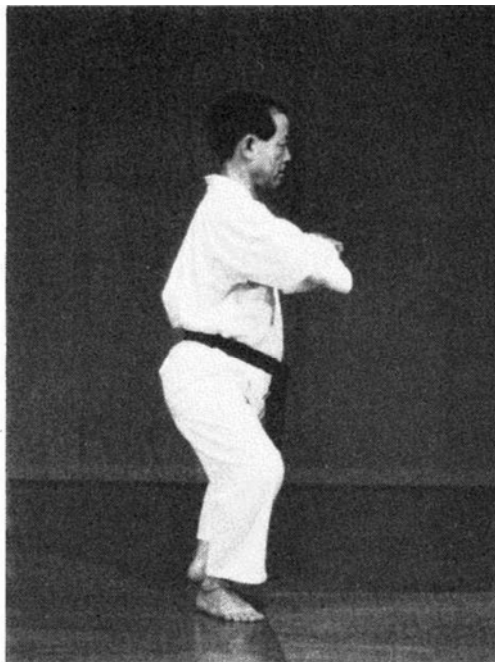


Nihanchi ni 155(10)



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Gojushiho 213(35)



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