

Spec. number: 5

Technique: Ready stances (Kamaekata)

Kata: Wankan

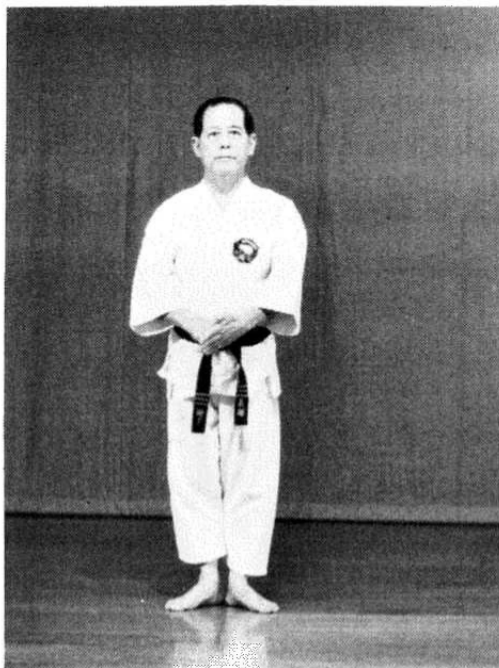
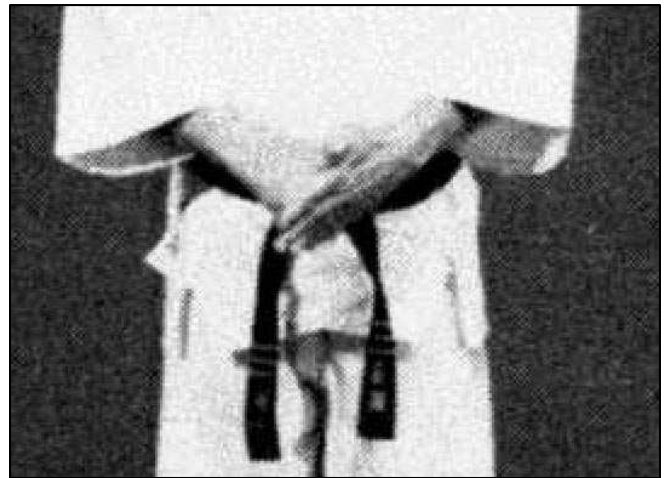
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Description: "In Wankan, the right fist is placed on the left palm as in the picture (Fig. 5)."

Comments: Fig. 5 shows the right fist forming almost a 90 degree angle with the left palm. We place the left palm at about a 45 degree angle over the fist.

Photographs: 59(5)

Wankan: 172(3), 178(40)



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