

Ueshiro Shorin-Ryu Karate USA  
1962-2017

Grand Master Ansei Ueshiro  
Founder

Spring  
2017  
Newsletter



松林流

Hanshi Robert Scaglione  
Chief Executive Officer

2017 THE YEAR OF THE ROOSTER



# Greetings from Hanshi

The 55th Anniversary Celebration and Annual Black Belt Workout took place in Florida on February 2nd through 5th, 2017.

It all began with the planning and dedication of many, many Ueshiro Shorin-Ryu Karate USA members working collaboratively for countless hours.

My sincere gratitude to all of you who participated by travelling from near or far. Thank you, Kyoshi, Shihan, Sensei, Sempai, and Deshi for your passionate loyalty to our art.

The pages of this *Newsletter* are filled with photos, stories, experiences, and examples of the "Ecstasy of sweating and hard work" seen at the event and in our dojos worldwide.

Finally, congratulations to the people who earned rank and those who assisted them in the Black Belt test held on February 5, 2017 at the Viera Dojo in Melbourne. All of us need to strive to keep moving forward.

Thank you Grand Master Ansei Ueshiro for bringing Shorin-Ryu Karate to the shores of the United States of America in 1962, 55 years ago.



Most Sincerely,  
Robert Scaglione  
Hanshi - USRKUSA



# 55<sup>th</sup> Anniversary Workout Celebration

**Thursday, February 2<sup>nd</sup>**

The entire weekend got a head's start with the 5:30 PM class held at Ueshiro Viera Dojo, under the direction of Hanshi Robert Scaglione. Kyoshi Matt Kaplan, Kyoshi Sal Scaglione, Sensei Kevin Raymond and approximately 15 high level Black Belts and Kyu ranks participated in the high-energy event.

**Friday, February 3<sup>rd</sup>**

Formal training kicked off with a pre-dawn workout at the Merritt Is. Dojo conducted by Kyoshi Sal starting at 5:30 AM. Kyoshi was assisted by Kyoshi David Baker and Kyoshi Kaplan. Kyoshi Sal emphasized the concept of not rushing, whether during warmups, kihon or kata. As the sun came up at 7:00 AM the group of about 30 deshi moved outside to christen the concrete deck recently created by Sensei Ron Marchetti. After several repetitions of Fukyugata San, a flock of herons noisily left the creek adjoining the deck. The 2½ hour workout set the stage for inspired training throughout the weekend.

Students checking in at the Cocoa Beach Hilton during the afternoon were greeted with welcome bags, courtesy of Sensei Pat Marchetti and the Florida Black Belts.



The traditional 4:30 PM class, led by Hanshi and held in the Ueshiro Suntime Karate Dojo, was standing room only. Several attendees arrived directly from the airport. Among the many corrections, Hanshi went into meticulous detail regarding the challenging turns in the Pinan kata, and showing zero pause at critical moments in the kata.



# 55<sup>TH</sup> Anniversary

DOMO ARIGATO TO ALL THE FLORIDA DOJOS FOR HOSTING A GREAT AND MEMORABLE WEEKEND



No sooner than Hanshi's class ended, deshi were car-pooling back to the Merritt Is. Dojo for a 7:00 PM class led by Kyoshi David Seeger. Kyoshi worked the concept of not rushing the technique, always stepping first and then moving without pause. "Blocks can be strikes, but you have to slow down and not rush to explore this concept." When punching, students were encouraged to step first and then throw the punch, not push it or poke it. Shoulders back and down to prevent injury and keep the focus on the elbow going back into the pocket instead of the punch.



# 55<sup>TH</sup> Anniversary

**Saturday, February 4<sup>th</sup>**

Karateka gathered on Cocoa Beach at 8:30am for the formal workout that commenced at 9:30 AM. In the workout Kyoshi Mackay emphasized exploring strong, low stances in the sand and maintaining awareness of one's surroundings. Hanshi arrived at 10:30 and recorded performances of Fukyugata Ni and Passai with the Kyoshi.



# 55th Anniversary



# 55<sup>th</sup> Anniversary

Sunday, February 5<sup>th</sup>

The most intense training of the weekend occurred Sunday in the Viera Recreation Center, starting at 8:00 AM with informal training. From 9:30 -12 noon Kyu and Dan ranks held separate workouts.



At about 1:30 PM Hanshi started the Dan-level test, utilizing the smaller section of the gym while non-test candidates continued working advanced kata. The test concluded at 6:00 PM.

Rank	Promotion
Sho-Dan	Rob Weaver (Viera, FL) Karuna Rao (Viera, FL) Miranda Aiken (West Melbourne, FL) Jermiah Emmenuel (Midtown, NY)
Ni-Dan	Jennifer Sangalang (Viera, FL) Noah Kaplan (State College, PA) Bill Breidenbach (Northern VA) Ibrahima Jalloh (Midtown, NY)
San-Dan	John Seeger (Palisades, NY) Matt Reed (Suntree, FL)
Yon-Dan	Richard Glassberg (Palisades, NY)
Go-Dan	Lisa Markowitz (Northern VA) Emiliano Mazlen (Boston, MA) Daniel Lax (Palisades, NY)
Roku-Dan	Elliot Potter (Palisades, NY) Kurt Tezel (Merritt Is., FL)
Shichi Dan	David Tamir (Neve, Israel)
Hachi-Dan	Kevin Reymond Sal Scaglione



# Dojo News

In order as listed at [ShorinRyu.com](http://ShorinRyu.com)



# Ueshiro Midtown Karate (Hombu) Dojo

Established 1977

## **Onegai shimasu, Hanshi, Kyoshi, Sensei and Deshi of Ueshiro Shorin-Ryu USA!**

During the past tumultuous six months, the Midtown Dojo has stayed focused on traditional martial arts training, providing our members with outlets for their concerns and encouraging positive engagement with those we might not understand or agree with. We are extremely grateful to Hanshi Scaglione and Grand Master Ueshiro for preserving the Shorin-Ryu Kata that teach us to channel our energy in constructive ways. And we appreciate more than ever the diversity of students within our school, not to mention the diversity of Shihan throughout the USRKUSA organization serving their respective communities. If only the rest of the World would follow our example!

Below is a recap of some of the more memorable events beginning last Fall.

### **Sept. 11 Memorial workout in Central Park**

On Sunday, Sept. 11 the Ueshiro Midtown Dojo held its 15th annual 9/11 memorial workout. The event took place near the historic Gothic Bridge north of the Reservoir and was attended by 15 students. Under perfect skies and a light breeze, training started in a large circle under a 150 year old oak, then moved to a sunny meadow below the Reservoir and concluded with an impromptu Naihanchi kata on the Civil-War era bridge (which survived... barely).

Domo arigato to Sensei Kevin Reymond of the Downtown Ueshiro Dojo for his assistance throughout, to Mr. Art Forne and family for representing the Ueshiro Easton Ct. Club, and to Sensei Dawood Emmenuel for supplying hydration.

Domo arigato gozaimasu to Master Ueshiro and Hanshi for upholding the standards of Shorin-Ryu through times of peace and conflict, and for propagating an art that now spans many generations.



# Ueshiro Midtown Karate (Hombu) Dojo



## October Tip Test Results

On Tuesday, Oct. 18 the Midtown Dojo held its October Green Tip Test attended by a large cache of Black Belts and several loyal Green and Brown Belts. After a thorough review of Fukyugata Ichi, basics, and USRKUSA history, Tommy Roche was promoted to Ro-Kyu. Congratulations to Tommy on his return to Shorin-Ryu after a 10 year break, and his demonstration of great energy and spirit.

## 2016 Black Belt Weekend

The Midtown Dojo had a strong turnout at the Annual Black Belt Weekend, held on October 22 and 23. A few weeks after the event the Midtown Dojo compiled and released seven photo galleries of the various workouts held at the HNA Palisades Conference Center. A special "Domo arigato gozaimasu!" to Laurie Werner for taking the majority of these pictures, and to Kyoshi Dave Seeger, et al. for putting the event together. Finally, a profound "Domo arigato" to Hanshi for coming to New York to share his wisdom and passion for the art of Ueshiro Shorin-Ryu Karate-do.

## Dojo Clean-up

Midtown students showed up in force for a year-end scrub-down of the Dojo, covering every square inch from ceiling to floor. The event took place after class on Saturday, Dec. 3, and was organized by Sensei Dawood Emmenuel with assistance from Kyoshi David Baker and Sensei Rob Neff. Domo arigato gozaimasu to everyone for their large donations of elbow grease, teamwork and enthusiasm.

## Year-end Compai

We had a huge turnout in body, mind and spirit for our year-end celebration, held in the Dojo on Dec. 20. Special shout-outs to: Sensei Kevin Reymond for joining us from the Downtown Dojo, Anna Sweeney for coordinating the beautiful card and gift (four tickets to a Niho Buyo dance performance at the Japan Society), and Sensei Hend Elsayed and Kathy Chin for their amazing home-made baked treats. Many generous and kind words were shared during individual compai, with frequent mention of Hanshi and Master Ueshiro for preserving this much-needed art. The camaraderie of the evening continued well into the night with a dinner at Wild Gingers, the dojo's official sushi restaurant.



# Ueshiro Midtown Karate (Hombu) Dojo

As per tradition, on New Year's Eve we released a slide show of the year's events (with the usual emphasis on two-second pause!) that highlights the diversity of both our deshi and our training opportunities. See the video here <https://goo.gl/mBLSHN> Be sure to turn up the volume for Hanshi's final words of advice at the end of the slide show.

## Celebrating 50 and 55 Years of Ueshiro Shorin-Ryu

As we picked up the pace of training in anticipation of the Florida Feb. Weekend, on Jan. 31 the dojo released a five minute video of historic images documenting the 50th Anniversary celebration in NYC five years ago. The video, culled from footage supplied by Kyoshi Dave Seeger and Sensei Larry Link, features Hanshi's high-level instruction in the St. Bart's gym, the DoubleTree banquet hall, and on the flight deck of the Intrepid aircraft carrier.

<http://midtownkaratedojo.com/images/Videos/50thHighlights.html>

## Florida Workout Weekend

As detailed throughout this Newsletter, the events of Feb. 2 through 6 were a highpoint in the long history of our organization. Domo arigato gozaimasu to the large contingent of Midtown students who made the trip, from Kyoshi David Baker, who offered high-level input throughout the weekend, to Lydia Roman, a brand new white belt who showed great fortitude during the beach workout. Special thanks to Sensei Ron Ballin for designing the 55th Anniversary banner and patch, and Sensei Jon Cohen for designing the 55th Anniversary Student Journal.

Congratulations again to our Midtown Deshi promoted on Sunday, Feb. 5 after a grueling eight hour workout:

- Jermiah Emmenuel - promoted to Sho-Dan
- Ibrahima Jalloh - promoted to Ni-Dan

Much of the excitement of the weekend was captured by ace photographers Chloe Margulis, Laurie Werner, Richard Gross, and others.

The Dojo has assembled these in six on-line galleries, <http://midtownkaratedojo.com/Gallery.html>

## Karate Demo at the St. Hilda's and St. Hugh's Middle School

Sensei(s) Hend Elsayed, Dawood Emmenuel, Sempai John Draghi and Kyoshi Mackay gave a demonstration on Friday, Feb. 17 at the St. Hilda's and St. Hugh's School. We introduced traditional Shorin-Ryu Karate-do to approximately 45 seventh and eighth graders, who seemed eager to learn about this ancient art. Domo arigato gozaimasu to Sempai Draghi for initiating the event, which was a great opportunity to further propagate our art.



# Ueshiro Midtown Karate (Hombu) Dojo

## February Belt Promotion

The Midtown Dojo held its semi-annual belt promotion at the St. Bart's Athletic Center on Sun. Feb. 26. The event was dedicated to Grand Master Ueshiro, in particular his fortitude during his early years in the United States, and to his most loyal student – Hanshi Robert Scaglione - who continues to uphold the Master's teachings to this day.

Formal testing began after a one-hour workout before a board of judges comprised of Sensei(s) Kevin Reymond (center judge), Gamiel Ramson, Larry Link and Ellin Moore. After a review of kata, history, pre-arranged fighting and bunkai, the following deshi were promoted:

Rank	Promotion
San-Kyu	Ed Roche Joe Anderson

Congratulations to the candidates for their demonstrations of achieving power by stepping first AND into the correct position before executing each technique. Domo arigato as well to the Ik-Kyu and Ni-Kyu for challenging the candidates during the kumite and bunkai portions of the test. A final "Domo arigato gozaimasu!" to all the Black Belts who showed up to train and lend support, especially Kyoshi David Baker who led the charge during the judges' deliberations.

## 2017 - The Year of the White Belt

The Midtown Dojo has designated 2017 "The Year of the White Belt" and is making the recruitment and retention of new members our highest priority. Thanks to the initiative and support of our Black Belts and Senior Ik-Kyu, we've:



- Build up a strong presence on Google Maps through our Google Business listing (we now have 13 five-star reviews)
- Rolled out a wide variety of membership plans for beginners that include a private class, free gi and/or copies of the Red Book and 50th Anniversary Journal.
- Published reference sheets for Sensei and Sempai on "White Belt Sign-up Procedures" and "Guidelines for Teaching White Belts"
- Reissued the 18 page "Karate Manual" (originally published by Hanshi in 1979) as a complimentary guide for new students
- Allocated every Wednesday 5:30 class for "White Belt Emphasis" (except for the third Wed. of each month, which is still a "Green Belt Emphasis" class).
- Modified our published class schedules to show classes "officially" ending after one hour instead of 1½ hours so beginners do not feel pressured to overtrain.



# Ueshiro Midtown Karate (Hombu) Dojo

We're very excited about these initiatives. There is perhaps no greater reward for a Shihan than to see a group of new white belts move up through the kata and ranks together. What can you do to help your Shihan make it happen?

Please come train with us; we offer classes 7 days a week. Visit our website for class times and instructors. Note that all evening classes continue for another half hour of formal training after the official end time.

We also offer "special emphasis" classes open to all ranks (except for the Black Belt class, which is closed to kyu ranks):

Domo arigato gozaimasu to Hanshi Robert Scaglione for bringing us into the 56th year of Ueshiro Shorin-Ryu USA. In this Year of the Rooster may we all strive to follow your example of joy and vigor renewed every day.

Kyoshi Michael Mackay, Shihan, Ku-Dan  
646-761-0683

St. Bart's Athletic Center, 109 East 50th St., New York, NY 10022

Kyoshi@midtownkaratedojo.com

<http://www.midtownkaratedojo.com>

Emphasis	When scheduled
White Belt	First, second and fourth Wednesday each month at 5:30 PM
Green Belt	Third Wednesday each month at 5:30 PM
Brown Belt	First Friday each month at 5:30 PM
Black Belt only	First Thursday each month at 5:30 PM
Bo (Brown Belts and above)	Every Friday at 5:00 PM



# Ueshiro Viera Shorin-Ryu Karate Dojo

Established 2007

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi,

The Ueshiro Viera Karate Club and Hanshi Robert Scaglione hosted a large contingent of Black Belts on Sunday, February 5, during the 55th Anniversary Karate Weekend Celebration, for an all-day Black Belt workout and Dan-level test. The activity honored and celebrated Master Ueshiro and the journey he made to our shores 55 years ago to bring Karate to the US. The celebration was held at the gym of the Viera Recreation and Community Center, with the award ceremony taking place outdoors at sunset. Copious amounts of Black Belt sweat were spilled on the gym floor that day. One of our own, Sempai Karuna Rao, tested for and was awarded the rank of Sho-Dan. It was an unforgettable event and celebration for all present.



On Saturday, February 18, under the direction and guidance of Hanshi Scaglione, the Viera Club held a semi-annual Kyu-level promotion in which two students were promoted: Clint Braswell to Yon-Kyu, and Jason DiValerio to Ik-Kyu. This promotion took place at the same outdoor area where just two weeks prior the Black Belt award ceremony had been held.



# Ueshiro Viera Shorin-Ryu Karate Dojo

The Ueshiro Viera Karate Club, guided and directed by the steady and caring hand of Hanshi Robert Scaglione, holds classes at the Viera Recreation and Community Center in Viera FL, according to the following schedule:

Domo arigato Hanshi, Kyoshi, Sensei, and all Deshi of USRKUSA.

Respectfully submitted,  
Sempai David Norman, Sho-Dan

Hanshi Robert Scaglione, Shihan  
321-848-3197

Located at the corner of Judge Fran Jamieson Way and Lake Andrew Drive,  
Viera, FL 32940

[hanshi.srkusa@gmail.com](mailto:hanshi.srkusa@gmail.com)

[www.vierakarate.com](http://www.vierakarate.com)

Class Times	Instructor	Remarks
Tuesdays 5:30pm - 7:00pm	Hanshi Robert Scaglione	Formal class starts promptly at 6:00pm
Thursdays 5:30pm - 7:00pm	Sempai Karuna Rao (Sho-Dan)	Formal class starts promptly at 6:00pm
Saturdays 10:00am - 11:30am	Sempai David Norman (Sho-Dan)	Students are encouraged to arrive 15 - 20 minutes before formal bow-in for slow kata repetitions and warm-ups



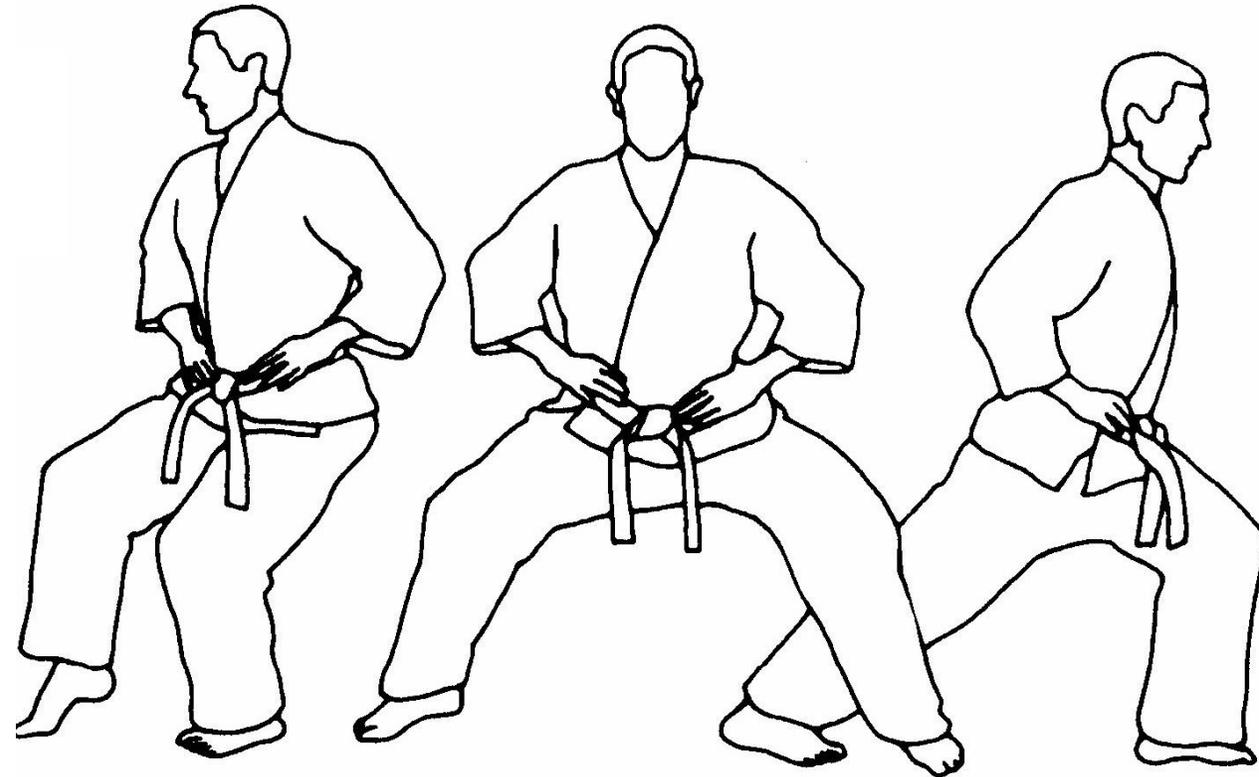
# Ueshiro Pine Forest Karate School

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi,

Since our last dojo news submission a lot has happened.



Christopher Hemesby and Owen Glassberg were promoted to go-Kyu at our tip test held on Oct. 18, 2016.



# Ueshiro Pine Forest Karate School

**54th Annual Black Belt Event** - The weekend was full of highlights and insights from Hanshi, the Kyoshi, Shihan, Sensei and Sempai in attendance. Black Belt demonstrations of kata were filmed in 360°. Hanshi, age 78, performed Kata Passai. And we all witnessed what is possible for each of us to achieve as Hanshi's students of Ueshiro Shorin-Ryu Karate USA.



# Ueshiro Pine Forest Karate School

## Annual Florida February Weekend Workout 2017

BEST EVER! We kicked off the New Year with our annual Florida February Weekend. We all had a great time! I would like to thank Hanshi, Tezel Sensei and all the Florida Sensei and students for a wonderful 55th Celebration, and to those who trained with me at the 7pm Friday Class at the Merritt Is. Dojo. I look forward to seeing your improvement next time we are together.



# Ueshiro Pine Forest Karate School

Demonstrations of Kyu and Dan level kata were filmed in 360...



...including special demonstrations of Hanshi and the Kyoshi

**Coming soon:** USRKUSA GoView360 App for iPhone and android with demonstrations from both events



# Ueshiro Pine Forest Karate School

We all had a great time!



# Ueshiro Pine Forest Karate School

*"A very high honor to have been reviewed in front of all the Kyoshi and Hanshi, Thank you Master Ueshiro, Hanshi and the Kyoshi for giving me a memorable and unique moment in my life."*

*- Sensei Elliot Potter*



*"It was great to go down to Florida and to be reviewed by Hanshi and the Kyoshi. Weapons training at midnight on the beach with the Kyoshi into our different weapon groups is an event we should all experience. Thank you Hanshi, the Kyoshi and Master Ansei Ueshiro. I look forward to and am already training for next February in Florida when we will celebrate the 56th year of Ueshiro Shorin-Ryu Karate."*

*- Sensei Daniel Lax*



# Ueshiro Pine Forest Karate School

*What a weekend! Three incredible days of Karate at the wonderful Florida dojos. Hanshi led class like a panther stalking the jungle. To train with so many fellow lovers of Shorin Ryu was the highlight of the three days capped by the opportunity to be reviewed. Thank you Master Ueshiro, Hanshi, the Kyoshi's and all the Sensei and Sempai that trained so hard together in Florida. Time to start training for the 56<sup>th</sup>!*

*- Sensei Richy Glassberg*

*"Jamming all weekend in Cocoa Beach Florida celebrating 55 years Ueshiro Shorin Ryu karate in the USA. Thank you Hanshi, the Kyoshi and Master Ansei Ueshiro."*

*- Sensei John Seeger*



# Ueshiro Pine Forest Karate School



Formal Classes - 7:00 PM Tuesday, Wednesday, and Thursday, 10:00 AM Sunday

Private Lessons via Skype / FaceTime

Kyoshi David Seeger, Shihan, Ku-Dan

212-307-0707

Palisades, NY 10964

motobu@aol.com

<http://sho-go.com/>



# Ueshiro Okinawan Karate Family Club

Established 2004

Onegai shimasu, Hanshi, the Kyoshi and fellow deshi



# Ueshiro Okinawan Karate Family Club

At the Ueshiro Okinawan Karate Family Dojo we look forward to the bi-annual karate tests.

These “testing” events serve several functions. On one hand, it is a chance to focus in on observing and assessing each student’s progress with their karate skills. However, there is more that we learn from the process. From students’ responses to the question, “What does karate mean to you?” – we gain some insight into how they view and make sense of their training. Here are some response themes and quotes from the February 2017 test:

**Focus the mind:**

*“Karate to me is an extension of self. It is about the positive progression of attitude mentally and physically... Karate has been a perfect way to focus my energy. Mind, body and spirit.” - Kevin*

**Relax the mind:**

*“Every time I practice, I block out the outside world then feel more peace in my mind and body.” - Fei*

**Challenge oneself:**

*“To become adept at kata one must embrace all 3 elements [mental, physical, and spiritual] and challenge oneself – it is not about competing against others but rather pushing oneself to go a bit further each time.” - Heidi*



# Ueshiro Okinawan Karate Family Club

## **Being in the moment:**

*"I find my karate practice very helpful for developing a way of engaging the world that helps me to be more present to those around me, with calmness and kindness. In this state of mind I am both ready to meet the challenges of the day and open to an awareness of the beauty and wonder that unfolds around me in the present moment, be it in greater awareness of the sound of my child's laughter, appreciation for the laugh lines on a friend's face, or presence to pets for whom we care." - Sarah*

## **Build confidence**

*"Now that I know some karate, I know how to do more things and react to more situations." - Mathes*

## **Learning through teaching:**

*"I also appreciate the philosophy of giving back – the student becomes the instructor who learns from the student. I believe I learned more when teaching about a specific kata than just repeating the movements myself." - Heidi:*

*"Knowing what I'm looking for while sitting in the judge's seat helps me be a better teacher because it heightens my awareness of the learning continuum in our style of karate. It also is a reminder of my own learning continuum, how far I've come and how far I have to go." - Anne Burgevin*



# Ueshiro Okinawan Karate Family Club

For the February 2017 test, we had a large and very spirited group. The following students were promoted to their next rank.

Rank	Promotion
Ro-Kyu	Tony El-Adas Mikhaila El-Adas Gabrielle El-Adas Josepha El-Adas Chiping Wang
Go-Kyu	Evie Zhang Fang Wan Yuangzing Guo Jack Guo Kirsten Purdy Drew Graham Drew Heidi Arruda Uyen Nguye
Yellow Belt	Natalie Lusch
Yon-Kyu	Kevin Clegg Fei Liu
San-Kyu	Nick Baptista Alex Baptista Amy Gustafson
Orange Belt	Mathes Miller-Priddy
Ni-Kyu	Joel Priddy Sarah Miller

Domo arigato gozaimasu to Hanshi Scaglione who continues to inspire and lead us all, generation after generation.

Respectfully submitted,

Kyoshi Matt Kaplan, Shihan, Hachi-Dan  
814-441-9188

Windmere Hall (Independent Order of Odd Fellows Bldg.) at 454 Rolling Ridge Drive, State College, PA 16801

msk15@psu.edu

[www.shorinryu.com/Flyer-State\\_college\\_karate\\_club\\_7.pdf](http://www.shorinryu.com/Flyer-State_college_karate_club_7.pdf)



# Ueshiro Northern VA Karate Club

Established 1998

The Ueshiro NoVA Karate Club continues to move forward with joy and vigor as we roll into Spring coming off a very energetic Fall and Winter. Fall began by celebrating Sensei Shabbir Kazmi's first born in a special outdoor workout and picnic hosted by Sensei Kazmi and his wife. All in attendance were treated to a great workout focusing on balance, weapons, and Kata. Again, congratulations to Sensei Shabbir Kazmi. His daughter Gaitie has been a visitor to recent classes and all indications are she is a Deshi in the making!

In October Ueshiro NoVA Karate was well represented for the Annual Black Belt Workout/Weekend in Palisades hosted by Kyoshi Seeger and Sensei Powell of Nyack. The weekend was both challenging and inspirational as we followed Hanshi Scaglione's lead thru hours of training Shorin-Ryu Karate as Master Ueshiro has passed down to us all. The weekend concluded with the announcement of the 55<sup>th</sup> Anniversary Celebration and combined Black Belt Weekend in Florida. Attending the Black Belt event:

- Kyoshi Sal Scaglione, Hachi-Dan\*
- Sensei Patrick Markowitz, Go-Dan
- Sensei Lisa Markowitz, Go-Dan\*
- Sensei Shabbir Kazmi, San-Dan
- Sensei Jim Davis, San-Dan
- Mr. Bill Breidenbach, Ni-Dan\*



# Ueshiro Northern VA Karate Club

- These photos are from our outdoor workout to celebrate Sensei Shabbir Kazmi's new daughter.



# Ueshiro Northern VA Karate Club



# Ueshiro Northern VA Karate Club

- Early February, many of the Ueshiro Northern VA Karate Club made the journey to Florida to visit Hanshi Scaglione and celebrate the Year of the Rooster and the 55<sup>th</sup> Anniversary of Ueshiro Shorin-Ryu Karate USA.



## NO VA DESHI WHO TRAVELED TO THE 55<sup>TH</sup> ANNIVERSARY CELEBRATION

Kyoshi Sal Scaglione, Hachi-Dan*	Sensei Patrick Markowitz, Go-Dan
Sensei Lisa Markowitz, Go-Dan*	Sensei Shabbir Kazmi, San-Dan
Mr. Bill Breidenbach, Ni-Dan*	Bonnie Langdendorff, Ik-Kyu
Catherine Hall, Ik-Kyu	Allen Thomson, San-Kyu
Luke Lapham, San-Kyu	Kate Thomson, Ro-Kyu

\* Promoted at the Dan-level Promotion on February 5, 2017.

# Ueshiro Northern VA Karate Club

- Our group thoroughly enjoyed the weekend's festivities including several workouts at local Florida Dojo, the Saturday Beach Workout on Cocoa Beach, the 55<sup>th</sup> Anniversary Dinner, and the Sunday workouts for Dan and Kyu levels.



# Ueshiro Northern VA Karate Club

Domo Arigato to the Florida contingent led by Hanshi, Sensei Kurt Tezel, and Sensei(s) Ron and Pat Marchetti for their amazing hospitality the entire weekend.



# Ueshiro Northern VA Karate Club

Rank	Promotion
Ro-Kyu	Kate Thomson (Centreville/Reston) Nomen Altankhuyag (Centreville/Reston) Fredrick Bagagli (Centreville/Reston) Daniel Q (Dulles)
Go-Kyu	Rohan Pruit (Centreville/Reston)
Green Belt Yon-Kyu	David C (Dulles) Dimis C (Dulles)
San-Kyu	Om Shah (Centreville/Reston) Maya Shah (Centreville/Reston) Temuulen Altankhuyag (Centreville/Reston) Anu Altankhuyag (Centreville/Reston) Renee James (Centreville/Reston) Luke Lapham (Dulles)
Orange Belt	Rhea James (Centerville Reston)

The Ueshiro NoVA Karate Club and Ueshiro Dulles Karate Club conducted their joint Winter Kyu-level promotions on February 25, 2017. A preliminary workout for all advanced ranks started the day, followed by a traditional workout for all levels as the two clubs joined together with joy and vigor to make one unstoppable force. Both workouts focused on kata with an emphasis on Master Ueshiro's Fukyugata San. The promotions commenced and candidates from the NoVA area demonstrated their abilities to move forward USRKUSA style.

Boards of Judges:

Kyoshi Sal Scaglione, Hachi-Dan, Presiding Judge  
Sensei Patrick Markowitz, Go-Dan, Callouts  
Sensei Lisa Markowitz, Go-Dan, Center Judge  
Sensei Jim Davis, San-Dan, Side Judge  
Mr. Bill Breidenbach, Ni-Dan, Side Judge

The students at the left were promoted.



# Ueshiro Northern VA Karate Club

We're also pleased to announce that the NoVA SRKUSA Karate Clubs will again host a workout celebrating Master Ansei Ueshiro's birthday and the annual Cherry Blossom Festival in Washington, DC. The workout is scheduled for 22 April, 2017 at Great Falls National Park in McLean, VA. We're looking forward to hosting many Deshi from our neighboring Northeast Karate Dojo, but all are welcome to attend. Last year we hosted students traveling from New York, Pennsylvania, North Carolina, Tennessee, and Minnesota—let's top that great event!

Kyoshi Salvatore Scaglione, Shihan, Shichi-Dan 703-593-2781  
Sensei Lisa Markowitz, Co-Shihan, Yon-Dan 703-407-2154  
14401 Compton Village Drive, Centreville, VA 20121  
And 11550 Glade Drive, Reston, VA 20191

info@ueshironova.com

<http://www.ueshironova.com/>



**Save the Date!**

**22 April 2017**

**Workout Celebrating Ansei Ueshiro's  
Birthday and the annual Cherry  
Blossom Festival**

**Great Falls National Park, McLean VA**

# Ueshiro Merritt Island Karate Dojo

(established 2011)



Onegai Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

The Ueshiro Merritt Island Karate Dojo continues to offer classes five days a week: Monday through Thursday at 6:00 PM, and Fridays at 6:00 AM.

In addition to myself, classes are taught by Sensei Ron Marchetti (Go Dan), Sensei Pat Marchetti (San Dan), Sempai Carla Eddy (San Dan) and Sempai Travis Culp (Sho Dan).

We host advanced (Yon Kyu and above) classes twice a month led by myself and Sensei Ron and Pat Marchetti. These classes pull in students from all six Florida dojos and are always well attended. We also conduct Ik Kyu and Dan level classes once a month.



# Ueshiro Merritt Island Karate Dojo

We hosted another great Black Friday workout under a beautiful cloudless sky



# Ueshiro Merritt Island Karate Dojo

On December 14 Hanshi presided over the Florida dojos annual compai. We began the evening with a spirited karate class before taking a break and resuming with the compai.

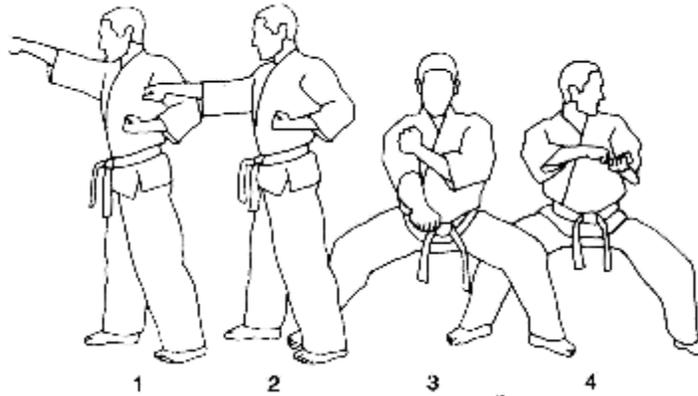
Hanshi kicked off the toasting by honoring the memory of Grandmaster Ansei Ueshiro. He reminded us of the hardships Master Ueshiro had to endure in bringing us this art.

Everyone had the opportunity to offer a toast and demonstrate a kata or two. The compai's lasted well into the night as no one wanted to leave the deck.



# Ueshiro Merritt Island Karate Dojo

Linda Walker, Chris Walker and Jimmy Hawkins earned the rank of Ro-kyu on December 20, 2016.



# Ueshiro Merritt Island Karate Dojo

Merritt Island and all the Florida dojos hosted the 55<sup>th</sup> Anniversary Celebration and Blackbelt Workout



# Ueshiro Merritt Island Karate Dojo

We had a full belt promotion on Saturday February 11.

The event lasted three hours and was comprised of a full workout followed by the test. All candidates were well-equipped with great spirit, still riding high on the heels of the training from the 55th Anniversary Weekend.

Those testing demonstrated their knowledge of the kata, the basics, yakusoku kumite (pre-arranged fighting), answered rank appropriate questions followed by tameshiwari (breaking technique).

The following students were promoted:

Rank	Promotion
Go-Kyu	Linda Walker Chris Walker
Yellow Belt	Megan Selvidio
Green Belt Yon-Kyu	Brianna Dance
Orange Belt	Phong Ngyuen Angel Rivera
San-Kyu	Xiomara Dance



Domo Arigato Gozaimasu,

Sensei Kurt Tezel, Denshi Shihan, Go-Dan

321-536-6516

1835 East Merritt Island Causeway, Merritt Is., FL 32952

kurt@tezelinvestments.com

<http://www.mikarate.com>



# To-Te Ueshiro Karate Dojo

Established 2007

## Open House

The entire To-Te Ueshiro Dojo would like to thank all the Kyoshi, Sensei, Deshi and their families that came by for our “Kara-tea Brunch and Tea” following the 54th Ueshiro Shorin-Ryu Celebration weekend at the Palisades Conference Center. A great time was had by all. I'd like to personally thank so many of you for taking the time to come by and christen our new deck and Dojo. Arigato Kyoshi Mackay for the tons of sugar and inspiration at the impromptu workout.



# To-Te Ueshiro Karate Dojo

## Reaching out to the Nyack Community

Our Dojo was asked to put together a karate program for the Blue Rock Elementary School in West Nyack, NY. This new partnership will be every Wednesday from 3:30 to 4:30 PM for February thru June, and starting up again in the Fall. I would like to thank Ms. Gemini Watanabe (Ni-Dan) for stepping up and assisting me with this great opportunity.



# To-Te Ueshiro Karate Dojo

## **2017 – A new year!**

We started the year off with the concepts of stepping first and hitting hard. Mr. Ed Abreu (Ni-Dan) and Sensei Powell made the amazing trip down to Florida for some great training on the beach with Hanshi, the Kyoshi, Sensei, and Deshi from all over the World. Wow! What learning and memories were shared by all that attended! Our goal this year from Nyack is to just SHOW UP. Anywhere - just do it!

## **Northampton road trip**

With the sugar from Florida firm in hand and wasting no time, Sensei Powell and Mr. Ed Abreu drove to Northampton, MA to join Kyoshi Sal Scaglione and the Northampton Dojo for their Winter promotion, held on Sunday, February 19. Thank you Sensei Gobillot for being such a gracious host capped off by the enjoyable dinner, conversation, and fellowship at the Chinese restaurant following the promotion.

## **Belt test**

On Tuesday, February 28<sup>th</sup>, the To-Te Ueshiro Dojo held its Winter Full Belt promotion starting at 5:00 PM. After an official bow in and all USRKUSA basics across the deck, we began intense but joyous repetitions of Fukyugata Ichi, Ni and Ueshiro kata Fukyugata San. All kata were full speed and power with few corrections. Each karateka had the opportunity to count loud and with a spirited cadence. With every window closed and each deshi sweating, it wasn't long before we fogged up every pane of glass!

After one hour and 30 minutes of formal kata we began the promotion. The panel of judges consisted of Sensei Preston Powell, special guest Sensei John Seeger, Mr. Ed Abreu calling candidates up on the spot, and Mr. Bryan Markiet rounding out the panel. Each candidate performed all kata full speed and power displaying warrior spirit and courtesy. Questions were asked and answered based on our great karate legacy, and all candidates demonstrated Oyo Tan Ren, prearranged fighting, and breaking technique.



# To-Te Ueshiro Karate Dojo

The following students successfully were promoted to NEW ranks:

Rank	Promotion
Yon-kyu (child)	Elias Markiet
Ik-Kyu	David Calligeros

I'd like to thank visiting Sensei John Seeger from the Ueshiro Pine Forest Karate School Palisades, NY and those Deshi in attendance that came and supported the test candidates, and we hope that the ones that were not ready to test this time will continue to train hard and be ready for the August promotion. All in all it was a great evening of USRKUSA Karate.

## WINTER CLASS SCHEDULE:

Saturday: 10:00 AM – Noon

Tuesday: 5:00 PM – 6:30 PM

Thursday: 7:00 PM – 9:00 PM

Respectfully,

Sensei Preston, Denshi Shihan, Go-Dan

845-353 8505

Nyack Fitness (2nd floor), 82 South Franklin St., Nyack, NY 10960

preston@to-te.org

<http://www.karatenyack.com/>



Domo Arigato Gozaimasu Master Ansei Ueshiro for paving the way for us so many years ago and Hanshi Robert Scaglione for your never ending leadership and guidance!



# Ueshiro Okinawan Karate Club of Pelham Manor

Established 2001

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi,

Thanks to Barbara Nichuals, the Ueshiro Okinawan Karate Club of Pelham Manor holds a spirited class every Monday night from 6:30 to 7:30 PM. We are privileged to have Kyoshi Mackay and Sensei Potter train with us.

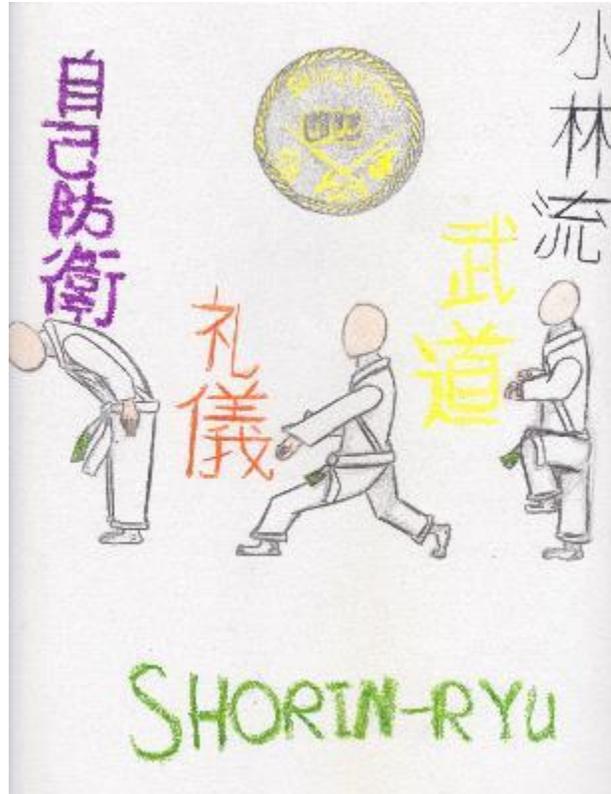
It was great training with Hanshi, the Kyoshi, Sensei and fellow deshi in Florida for the 55<sup>th</sup> Anniversary Celebration!

This was my third “Big 5” Celebration, having attended Washington D.C (45<sup>th</sup>), New York (50<sup>th</sup>) and now Florida (55<sup>th</sup>). They just keep getting better.

Domo arigato to Hanshi, Kyoshi and Sensei for breathing great spirit into this wonderful organization.



# Ueshiro Okinawan Karate Club of Pelham Manor



Art of Olivia Vikman,  
Go-Kyu

*Purple Kanji:*  
*Self Defense*

*Orange Kanji:*  
*Courtesy. Respect to the  
Others*

*Black Kanji:*  
*Shorin Ryu*

*Yellow Kanji:*  
*Martial Arts*

The backbone of our dojo is comprised of three young women Go-Kyu from the immediate neighborhood.

In order to inspire these students and provide some female role models, our Club recently put together a slide show called “Women Karate-ka of Ueshiro Shorin-Ryu,” which may be seen [here](#).

Sempai Brian Heese, Shihan, Ni-Dan  
914-602-9010  
Pelham Manor, NY 10803  
bheese123@gmail.com



# Northampton Ueshiro Karate Dojo

Onegai shimasu Hanshi, Kyoshi, Sensei and Deshi of Ueshiro Shorin-Ryu Karate USA,

Spirits are soaring here in Northampton with several of our deshi returning from the 55th Anniversary Celebration in Cocoa Beach, Florida. My hara was still vibrating from the experience as we hosted our 2017 Winter Promotion. This year we were honored by having many high-ranking guests attend from afar. Kyoshi Sal Scaglione led the workout and sat center on the board of judges that also included Sensei Powell, Sensei McKitrick and Sensei Ballin. Thank you to all visiting deshi (and there were many), and to all who were not testing but showed up to offer their spirit and energy to the day. And thank you for the gifts.

Five deshi tested: two new white belts from Sempai Keith Chan's club in Albany and three from here in Northampton. Robert Wright and Justin Gaimbruno received their green tip for Ro-Kyu. Austin Hatch and Jefferson Pitcher received green belts for Yon-Kyu. Singwen Mientka received black tips for her new Ik-Kyu rank. Amazingly strong performances were witnessed by everyone as these deshi were put through the paces.



# Northampton Ueshiro Karate Dojo

This year of the Rooster is beginning as a dojo-building year for us with three new adult deshi signing up in the past two weeks. Thank you to Ni-Kyu Michelle Sullivan who started a new kids program last year that continues to grow. This has proven to be a dojo “deshi-feeder” for us for the past 18 years. We usually end up with the parents training if their kids move on.

We had a tip test for our new Children’s Program. Earning their first green tip were Angela Kim, Tilden Pitcher and his mother Keri Smith. It was a wonderful and inspiring event. Thank you Sempai Sullivan for all your dedication and hard work.

Also many thanks to Michelle Mastroianni, Sho-Dan, and Robert St. George, Sho-Dan, who stepped in to cover classes during my recovery from shoulder surgery. Along with Sensei McKitrick and Sensei Owen, all classes continued without pause.

We have an exciting year ahead and we encourage all deshi to visit us, especially those who have not trained at our dojo. Contact me if you need information, transportation or lodging.

Domo arigato gozaimasu, Hanshi Scaglione, for making all this possible for ME and for all of US



Sensei Daniel Gobillot,  
Denshi Shihan, Shichi-Dan

413-320-5945  
Arts & Industry Building,  
221 Pine Street,  
Northampton, MA 01062  
<http://www.pineforestkarate.com>



# Ueshiro Downtown Shorin Ryu Karate

Established 2010

***“First rule – observe,***

***Second – set your foundation,***

***Third – winning attitude or stomach to do the job and***

***Fourth – strength to follow through...***

***- Whatever else we do, we just keep moving forward.”***

*- Hanshi Robert Scaglione*

*(from the “Building the Warrior Spirit”)*

## Class Schedule

Monday	5:30 PM – 7:00 PM
Wednesday	6:45 AM – 8:15 AM
Thursday	5:30 PM – 7:00 PM
Sunday	9:00 PM– 10:00 PM



# Ueshiro Downtown Shorin Ryu Karate



Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi

We continue to work on growing the Ueshiro Downtown Shorin Ryu Karate Dojo and we are moving forward to expand our student base and awareness in the community.

We continued our workshop program and have a number of new workshops scheduled over the next several months. We believe the workshops allow us to focus on one kata, bunkai, weapons, or prearranged and thereby provide an opportunity to more fully explore techniques and improve our overall knowledge and skills.

We have also worked on new avenues to promote our dojo and Ueshiro Shorin Ryu including new signage, enhanced use of social media and outreach to nearby companies. In the coming months we will be hosting Open Houses for the general public and conducting workouts at outdoor venues. Kata, basics, prearranged, bunkai and weapons, are all demonstrated along with a discussion of our style of karate and the history of Shorin-Ryu.

Domo arigato gozaimasu Hanshi for your leadership, sharing, support and inspiration! We are looking forward to many more years of training with you.

Sensei Kevin Reymond,  
Denshi Shihan, Shichi-Dan  
Tribeca Health & Fitness, 107  
Chambers St, NY, NY 10007  
[kevinlreymond@gmail.com](mailto:kevinlreymond@gmail.com)  
646-745-6172  
<http://www.downtownkaratedoj.com>



# Ueshiro Cocoa Shorin-Ryu Karate Dojo

Established 2004

Onegai – Shimasu Hanshi, Kyoshi, Sensei and USRKUSA Deshi,

The Ueshiro Cocoa Shorin-Ryu Karate Dojo located at the Eastern Florida State College (formerly Brevard Community College) Campus in the Cocoa YMCA Facility is moving forward with great joy and vigor, and continues with the following schedule:

Monday and Wednesday – 7:00 PM to 8:30 PM (All ranks – adults and children)

Saturday – 11:00 AM to 12:30 PM (All ranks – adults and children)

We continue to gain inspiration from Sensei Ron Marchetti and Sensei Pat Marchetti who teach and train with our Brevard County Group, primarily at the Merritt Island Dojo. The majority of our instructors and long term students all received their initial training from Sensei Ron Marchetti when he was the Shihan of our dojo. And they continue to receive corrections and guidance from him as they progress.

Sempai Dennis Flynn currently leads our group of teachers: Sempai Rob Weaver, Sempai David Koenig, and Sempai Lloyd Brownhill (Suntree Dojo). We are assisted by Sempai Dakota Flynn (Junior Sho-dan) and Sempai Cheyenne Flynn (Junior Ik-kyu). We are grateful for all of these dedicated students who are willing to teach others. All of our instructors remain dedicated and committed to growing and participating in the expansion of our organization.

We continue to have a solid core group of students that attend regularly, along with some wonderful students that have joined in the past few months. Their progress is very encouraging as shown by our recent promotions (described below).



# Ueshiro Cocoa Shorin-Ryu Karate Dojo

Established 2004

## Green Tip Test

On December 21, 2016 the Ueshiro Cocoa YMCA Dojo held a green tip test. The class/test was very well attended. In addition to those being reviewed, 10 students showed up in support of those testing. There was much joy and vigor on the deck from all students! As part of the warm-ups, we all performed kata at half-speed and power, followed by the basics across the deck on the Hajime. It was impressive how well everyone stayed together as a group, even those testing for their first green tip.

The panel of judges consisted of Shihan Dennis Flynn, Sempai Dakota Flynn, Sempai Rob Weaver, and Sempai David Koenig. Sempai Cheyenne Flynn called out those who were testing. Andre Gross demonstrated the test and did an outstanding job! Thank you Andre!

The following students were promoted:

Rank	Promotion
Ro-Kyu	Rusten Clark Sophia Case
Go-Kyu	Cordelia Case Chris Magee



# Ueshiro Cocoa Shorin-Ryu Karate Dojo

## 55<sup>th</sup> Anniversary Weekend

In February The Florida Group hosted the 55<sup>th</sup> Anniversary of Ueshiro Shorin-Ryu Karate in the USA.

Part of this fantastic event was a Black Belt workout and review held on Sunday, February 5<sup>th</sup>.

One of our Cocoa Dojo students, Sempai Rob Weaver, had the honor of testing for and being promoted to Sho-dan! Congratulations to Sempai Rob for achieving this coveted Black Belt rank! Very much earned and deserved.

Here is the photo of Sempai Rob receiving his certificate and special belt during our February 25<sup>th</sup> event!



# Ueshiro Cocoa Shorin-Ryu Karate Dojo

On Saturday, February 25<sup>th</sup>, the Cocoa YMCA Dojo held a solid belt/tip test for all qualified students. The promotion was held at the Cocoa YMCA from 11:00 AM to 3:00 PM. Attendance was very strong, with 27 students participating. We also had 15 parents and family members present to lend their support.

Prior to the test, we had a vigorous 2-hour workout consisting of warm-ups, basics and kata. Oyo-Tan-Ren and pre-arranged fighting followed for rank-specific students.

The panel of judges consisted of Sempai Dennis Flynn, Sempai Jennifer Sangalang (Suntree Dojo), Sempai Rob Weaver, Sempai Dakota Flynn, and Sempai Lloyd Brownhill (Suntree Dojo). Sempai Cheyenne Flynn called the candidates up on the spot.

While the judging panel stepped out to review the plans for the promotion, Sempai Krystyn Clark led the group doing kata. Thank you Sempai Krystyn for your leadership.



# Ueshiro Cocoa Shorin-Ryu Karate Dojo



# Ueshiro Cocoa Shorin-Ryu Karate Dojo

The following students were promoted in February 2017

Rank	Promotion
Ro-Kyu	Joey Perdican Giovanni Martinez
Go-Kyu	Rusten Clark Lorena Lewis
Yellow Belt	Cordelia Case
Green Belt Yon-Kyu	Chris Magee Arpita Veera (West Melbourne Dojo)
Orange Belt	Katlyn Fafard Ethan Fafard
San-Kyu	Sempai Vishrut Paripally (Suntree Dojo)
Brown Belt Ni-Kyu`	Sempai Andre Gross Sempai Mallory Hale

Domo Arigato to all who tested and to those who showed up in support! A special “Domo Arigato” to all who took on various leadership roles. Domo Arigato to Grand Master Ansei Ueshiro for bringing Shorin-Ryu Karate to the United States and Domo Arigato to Hanshi Robert Scaglione for his continued leadership and inspiration!

The Ueshiro Cocoa Dojo is having an exciting start to 2017 and we plan on having a year filled with joy, vigor and growth!

Sempai Dennis Flynn, Sho-Dan  
321-631-2233  
Cocoa YMCA Family Center,  
1519 Clearlake Rd. - Bldg. 18, Cocoa, FL

[cocodojo@gmail.com](mailto:cocodojo@gmail.com)  
<http://www.ueshirococoa.com>



# Ueshiro Suntree Karate Dojo

Established 2006

*"If you're persistent, you will get it. If you're consistent, you will keep it."*

- Sensei Reed

Fresh from the 55th Anniversary Florida Weekend, the Ueshiro Suntree Dojo continues to work on what we learned from Hanshi, the Kyoshi and visiting Sensei. Hanshi led the Friday afternoon class at Suntree with great joy and vigor, urging all of us to "Get low, hit the target, and move with spirit like a tiger." In other words, what he calls "countenance."

It was an honor to open our dojo to all Ueshiro Shorin-Ryu Karate USA students. We received a lot of sugar that weekend, and it's been a joy sharing that knowledge with our fellow Deshi.

At Suntree, we have Black Belt and Ik-kyu ranks representing each weapon in the USRKUSA system: the Kama, Bo, Sai, Tuifa and Nunchaku. Now that Hanshi is hosting monthly weapons classes, we're excited to learn more about their respective kata and to propagate that art as well.



# Ueshiro Suntree Karate Dojo

The Suntree Dojo offers classes four days per week.

Sunday 11:00 AM – 12:30 PM

Monday 7:30 PM – 8:30 PM

Wednesday 6:30 PM – 7:30 PM

Friday 6:00 PM – 7:00 PM

Offering all of these classes would not be possible without the commitment of our advanced ranks. I would like to recognize Sempai Jennifer Sangalang (Ni-Dan), Sempai Kevin Hutchenson (Sho-Dan), and Sempai Lloyd Brownhill (Ik-Kyu). Without their assistance we would not be able to offer such a full schedule.

Domo arigato gozaimasu to Sempai Jennifer Sangalang for writing the lead part of this newsletter submission.



Domo arigato gozaimasu Hanshi for your continued guidance and leadership.

Submitted by Sempai Jennifer Sangalang, Ni-Dan

Sempai Matt Reed Shihan, Ni-Dan

321-213-3124

Suntree YMCA,

6300 N. Wickham Road, Suite 114,

Melbourne, FL 32940

rpd197@yahoo.com

<http://www.suntreekarate.com>



# Ueshiro Suntree Karate Dojo



# Ueshiro Northfield Shorin-Ryu Karate Dojo of Minnesota

Established 2008

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi,

We continue to move forward with joy and vigor in Minnesota! We have an increase in the number of families training at our dojo as well as additional new adult students, bringing a fresh infusion of “beginner’s mind” to ALL deshi in the dojo and helping us polish our own karate as we learn from everyone on the deck!

We held two tip tests and one full belt test over the past six months. Congratulations to the following Deshi who advanced in rank:

Rank	Promotion
Ro-Kyu	Andy Henslin Crystal Henslin Wilfrid Henslin David Huyck Susanna Huyck Joseph Luther Teresa Wang
Yon-Kyu	Joe Druckman Renay Friendshuh Peter Mackenzie



# Ueshiro Northfield Shorin-Ryu Karate Dojo of Minnesota

Nine Minnesotans, including four Carleton College students making their first trip, traveled to Florida in February for an inspiring and educational weekend, celebrating our 55th Anniversary Year with intense training and fellowship. Thank you to our host Florida Dojo for their hospitality, joy and vigor, and to Hanshi and the Kyoshi for all the gold. We will cherish not only what we learned on the deck, but also the memories and commemorations of past years, which inspire us to train even harder for the next 55!



# Ueshiro Northfield Shorin-Ryu Karate Dojo of Minnesota

Other highlights from the past six months:

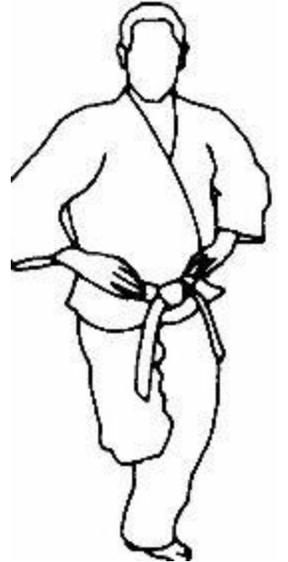
- Sensei Bob Dobrow, Sempai Steve Hatle and Scott Sijan traveled to New York in October 2016 for the Annual Black Belt Workout.
- Zach Wood-Doughty, Ik-Kyu, recently of the Northampton Dojo, trained with us while visiting Minnesota.
- We held our traditional end-of-year workout and compai a little early this year (in November) to allow all our college students to attend. At the end of December, the Northfield Black Belts and Ik-Kyu held another workout/compai event. A highlight was Sempai Guy Lawrence's homemade sake. Sempai Lawrence again gifted us all with beautiful calendars he created full of pictures from the past year of training.

This coming June, Sensei Bob Dobrow will be retiring from teaching mathematics at Carleton College and moving to Duluth, MN (three hours north) where he plans to open a new dojo. We have been preparing for this transition by having advanced students take on more leadership responsibilities in the dojo and stepping up to teach more classes.

Domo arigato gozaimasu Grand Master Ansei Ueshiro and Hanshi Robert Scaglione for perpetuating the gift of Ueshiro Shorin-Ryu Karate and for being an inspiration to us all!

Sempai Steve Hatle, Ni-Dan / Co-Shihan  
Sensei Bob Dobrow, Yon-Dan / Co-Shihan  
507-301-3544  
Northfield, MN 55057

[rdobrow@carleton.edu](mailto:rdobrow@carleton.edu)  
<https://northfieldkarate.com/>



# Boston Chinatown Ueshiro Shorin Ryu Karate Club

Established 2002

Onegai-shimasu Hanshi, Kyoshi, Shihan, Sensei and fellow Deshi,

We are moving forward. We continue to train at the Wang YMCA of Chinatown, 8 Oak Street West, Boston, MA. Classes are on Monday and Wednesday nights at 7:30 PM and Sundays at 11:30 AM. The YMCA is near downtown Boston. We are honored when visitors train with us. If you may be able to do so, please let me know.

Domo arigato gozaimasu to Hanshi for leading us down the Path that Grand Master Ueshiro laid out for us.

We were greatly honored to participate in the 55th Anniversary events in Florida in February. Domo arigato gozaimasu to Hanshi, all Kyoshi and the Florida Shihan, Sensei and Deshi for an amazing and unforgettable weekend.

We were also honored to participate more recently in the Northampton Dojo's February belt test. Domo arigato gozaimasu to Kyoshi Sal Scaglione for traveling so far to lead the event, to Sensei Dan Gobillot for inviting us to join in, to Sensei Preston Powell and Sensei Ron Ballin and

the other New York karateka who made the trip, and to the other Sensei and Deshi of the Northampton Dojo for welcoming us. Congratulations to all who tested. It was a great way to continue the celebration of the 55th Anniversary of Grand Master Ueshiro's arrival in the US with his gift of Shorin-Ryu Karate-do.



# Boston Chinatown Ueshiro Shorin Ryu Karate Club

In October we held a tip test in Boston. Domo arigato to Sensei Keith Burrows, who called the test and to Mr. Keith Chan, who honored us by traveling in from Albany to sit on the board of judges. Arigato as well to Theo Panagakos for demonstrating the test. Arigato to the other deshi who also added their spirit and sweat to the event even though they were not testing. Finally, congratulations to Jessica Kelemen who was promoted to Ro-Kyu.

With new rank awarded, we remember that we only earn our new (or current) rank when we receive the next one, or, in other words ...

Keep training.

Domo arigato gozaimasu to all,  
Sensei Emiliano Mazlen Shihan, Yon-Dan  
857-234-7350  
Wang YMCA of Chinatown, 8 Oak Street West, Boston MA, 02116  
emazlen@hotmail.com  
<http://www.karate.phlonx.com/karate.php>



# Ueshiro Shorin-Ryu West Melbourne Dojo

Established 2011

Warrior spirit is strong at the Ueshiro Shorin-Ryu West Melbourne Dojo. We continue to be extremely fortunate to have a full roster of students of all ages and spanning all kyu ranks. As of the 55th Anniversary we have added to our ranks a brand new Sho-Dan, Miranda Aiken, who is also the assistant instructor at our dojo. We extend our warmest congratulations to her on this great achievement. Miranda has teamed with me at our dojo since it opened in August of 2011. This year marks our seventh year in operation.

We have around 30 enrolled students, many of whom train regularly. This includes many strong child and adult students who inspire and challenge me every time they step on the deck. Their enthusiasm and focus do well to keep me accountable and to strive to stay at the top of my game. At our most recent belt test we teamed with the Suntree Dojo directed my Sensei, Sensei Matt Reed. All candidates from both schools performed exceptionally well. The West Melbourne Dojo promoted 13 karateka including parents and children alike!

One key element to the success of our dojo is how well we get to know the students and their families. Open and invested lines of communication go a long way to improving dojo and family dynamics. This has helped us to keep our standards high while doing our best (within reason) to work with special situations outside the dojo as they arise. This helps us further the mission of propagating Ueshiro Shorin-Ryu Karate USA and in doing so bolster each student's family fabric.

I am privileged to direct this great dojo and to share karate in this great organization. I offer my sincerest gratitude to Hanshi, the Kyoshi, Sensei, Sempai, and all deshi.

Sensei Rick Cupoli, Shihan, San-Dan  
321-794-4649; rcupoli@bellsouth.net  
3410 Flanagan Avenue, West Melbourne, FL 32904  
<http://www.suntreekarate.com>



# Ueshiro Shorin-Ryu West Melbourne Dojo

As of the 55<sup>th</sup> Anniversary we have added to our ranks a brand new Sho Dan, Miranda Aiken, who is also the assistant instructor at our dojo. We extend our warmest congratulations to her on this great achievement.



Miranda has teamed with me at our dojo since it opened in August of 2011.



# Ueshiro Shorin-Ryu West Melbourne Dojo



We have a deshi body of around 30 students, many of whom train regularly. We have many strong child and adult students that inspire and challenge me every time they step on the deck. Their enthusiasm and focus do well to keep me accountable and to strive to stay at the top of my game.



# Ueshiro Shorin-Ryu West Melbourne Dojo



At our most recent belt test we teamed with the Suntree dojo directed by Sensei Matt Reed. All candidates from both schools performed exceptionally well.



# Wilton Connecticut Ueshiro Shorin-Ryu Karate Club

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

We reflect on 2016 and our training. We are thankful for: workouts, sugar, the hospitality shown during my trip to the North Virginia Karate Club, and the compai celebrating Ueshiro Shorin-Ryu Karate-do.

2017 promises to be another exciting year. Our humble dojo is passing its 22nd year and our training space will be changing as the company footprint in the corporate park changes. This winter has been an exciting one, alternating between hot and cold weather. We have already celebrated with our semi-annual compai in February, as well as our February testing. We are a small group and are honored to be able to continue moving forward with the propagation of traditional Ueshiro Shorin-Ryu.

Our morning pre-work classes continue under the gaze of the shinden and the spirit of our global karate brethren. The best of training to all of you! We will be with you on the deck!



## Class Schedule

Monday 7:30 AM

Wednesday 7:30 AM

Domo arigato,

Sensei Keith Eng, Shihan, San-Dan

203-529-9010

Second Floor, 50 Danbury Road Wilton, CT 06897

keith.eng1@aig.com



# Ueshiro Shorin-Ryu Nashville Family Karate Club

Onegai shimasu Hanshi, Kyoshi, Sensei, Shihan, and Deshi of Ueshiro Shorin-Ryu Karate USA!

The Ueshiro Shorin-Ryu Nashville Family Karate Club keeps moving forward here in Tennessee. Estelle and I were able to attend the 55th Anniversary and Black Belt weekend in Florida, and had a wonderful time training on the beach with our fellow karateka.

We are continuing to grow, and look forward to reporting new student sign-ups and promotions in the future.

If anyone is interested in visiting our dojo, whether you just happen to be in town, or if you would like to plan a trip, please contact me at [spaus@paushaus.net](mailto:spaus@paushaus.net). We would love to train with you!

Domo arigato gozaimasu Hanshi and Kyoshi for your continued leadership. Domo arigato Shihan and Sensei for your commitment to propagating the art. Domo arigato all Deshi for without you we would not be here.

Sensei Sean M. Paus, Shihan, San-Dan

615-542-9431

Cornerstone United Methodist Church, 349 Chaney Road, Smyrna, TN 37167

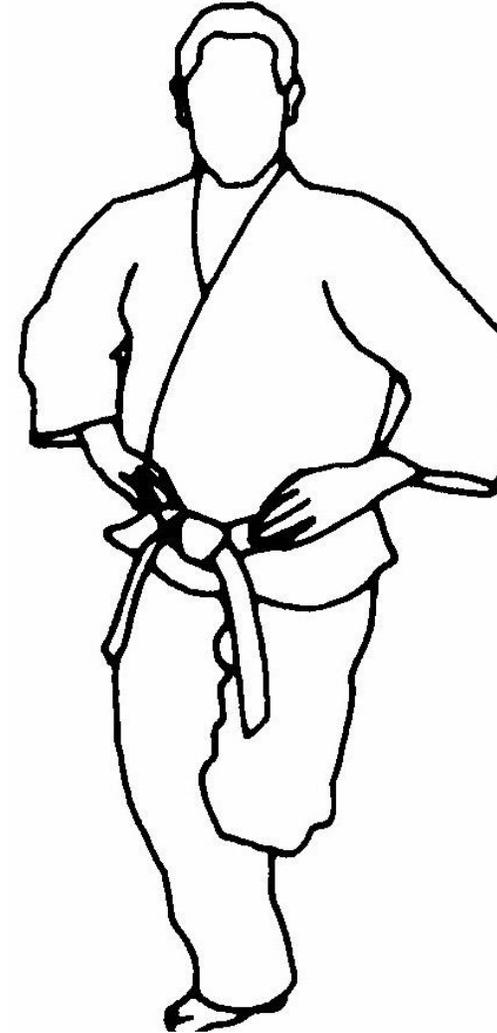
[spaus@paushaus.net](mailto:spaus@paushaus.net)

<http://shorin-ryu.paushaus.net>



# University at Albany Ueshiro Shorin-Ryu Karate Club

Sempai Keith Chan, Shihan, Ik-Kyu  
617-818-7255  
SUNY Albany Downtown Campus, Room 002,  
Richardson Hall,  
135 Western Ave.,  
Albany, NY, 12222  
greystar999@gmail.com



# Ueshiro Shorin-Ryu Titusville Dojo

Established 2009

*"I am proud of the students' initiative, drive, motivation and work ethic toward development. I am also proud to be their Shihan."*

*- Sempai Bauder*

Onegai shimasu Hanshi, Kyoshi, Sensei and SRKUSA Deshi,

Another prosperous six months at the Ueshiro Titusville Karate Dojo. We continue to swell in numbers, knowledge and skill. We have grown in quantity, quality and maturity. Our attendance has continued to average between 10 to 15 deshi per class.

Participation at the intermediate class for Go-Kyu and above, held on Wednesdays from 6:00 PM to 7:00 PM, has grown large due to recent promotions. The intermediate class continues to offer specialized training for Go-Kyu and above. The emphasis for the intermediate class is on Bunkai and Yaku Soko Kumite.

Several of our Deshi were present for the events held over the Florida Karate Weekend, February 3 through 5, 2017. This helped to prepare them for our semi-annual full-belt and tip test at the Titusville YMCA Tennis & Racquet Ball Center on February 22, 2017. This was the first full belt and tip test held at a Titusville Dojo location in nearly five years. It has been such a pleasure and an honor to train and grow along side of the men, women, and children that make up our ranks.



# Ueshiro Shorin-Ryu Titusville Dojo

The following students were promoted in February 2017:

Rank	Promotion
Go-Kyu	Helen Cope Mackenzie Cope
Yellow Belt	Viviana Alaimo Theodore Labib
Green Belt Yon-Kyu	Emely Jaramillo Gissell Jaramillo Jimmy Roberge
San-Kyu	Bianca Alaimo Isabella Alaimo Chad Shelton Sierra Banks



# Ueshiro Shorin-Ryu Titusville Dojo



Continuous emphasis is given to both personal development of each Deshi as well as team and family spirit, as many of our deshi are fathers, mothers, brothers and sisters bound not only by blood but by striving toward a common objective of perfecting karate technique. I am proud of their initiative, drive, and strong work ethic.



# Ueshiro Shorin-Ryu Titusville Dojo



On behalf of the Titusville residents,  
Domo arigato gozaimasu to Grand  
Master Ansei Ueshiro and Hanshi  
Robert Scaglione for bringing Karate-Do  
to the United States.

Sempai Ed Bauder, Shihan, Sho-Dan  
321-222-8889  
Titusville YMCA Family Center, 2400  
Harrison St., Titusville, FL 32780  
telisin49@yahoo.com



# Ueshiro Bushi Dojo Beverly Hills

Established 1996



*“Still feeling the energy from Florida Weekend. It was a honor to call out ‘Hanshi Ni Rey’ for all these years. I will say it louder in my heart.”*

*- Sensei Barnes*

Greetings Hanshi, Kyoshi, Sensei and All Fellow USRKUSA Deshi,

The Bushi Dojo continues to hold down the Pacific Coast. Classes are strong because we practice traditional Ueshiro Shorin-Ryu Karate with the emphasis on Kata. Please know we are always available to train with any visitors to Los Angeles. If it’s a non-scheduled class night we can make it work anyway. Please feel free to contact me directly.

Domo Arigato,

Sensei Chris Barnes, Denshi Shihan, Shichi-Dan  
570-856-3423

9085 Santa Monica Blvd, Los Angeles, CA 90069

[laugh@comedydojo.com](mailto:laugh@comedydojo.com)



# Ueshiro Dulles

Established 1998

Onegai-shimasu Hanshi, Kyoshi, Sensei and all Deshi around the world!

The students of the Dulles Ueshiro Shorin-Ryu Karate continue to move forward through vigorous training and the exploration of ancient kata, stances, yakusoku kumite, and spirited bunkai. Since our last update, we've welcomed one new student, Michael, to our midst.

Five members of Ueshiro Dulles made the trip to Florida to take part in the 55th Anniversary and Black Belt workouts. We returned with many pages of notes and many warm stories deriving from the vigorous training and generosity of our fellow karateka from across the system. On behalf of the students of Ueshiro Dulles, we extend a huge "Domo arigato!" to Hanshi, Sensei Tezel, and the fellow shihan and karateka of the combined Florida dojo for their hospitality and extensive work that went into making the event so successful.

Continuing in the tradition of a unified Northern Virginia Ueshiro Karate collective, the students of



Ueshiro Dulles were once again honored to join the warriors of Ueshiro NoVA Karate for our February joint promotion. Thank you to Kyoshi Salvatore Scaglione for leading us through a joyous and vigorous workout and supervising the event, and to Sensei Lisa Markowitz, Sensei Jim Davis, and Sempai Bill Breidenbach for their service on the board of judges.

Arigato gozaimasu Hanshi!

Sensei Patrick Markowitz, Shihan, Go-Dan  
703-407-0474; [prmarko@gmail.com](mailto:prmarko@gmail.com)

[Http://www.ueshironova.com](http://www.ueshironova.com)



# Ueshiro Dulles

Ueshiro Dulles was proud to see the following karateka promoted:

Rank	Promotion
Ro-Kyu	Daniel Q.
Yon-Kyu	David C. Dimis C.
San-Kyu	Luke Lapham



Sempai David C.



# Easton CT Ueshiro Shorin-Ryu Karate Club

Established 2004

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi.

We were honored to add to the joy and vigor to the 54<sup>th</sup> Annual Black Belt Workout in October and again at the 55<sup>th</sup> in February. Thank you to the New York and Florida deshi respectively for their gracious hospitality. Thank you to Hanshi Robert Scaglione for presiding over the events with your vast wisdom. You continue to lead by example as we perpetuate the art and honor the memory of Master Ansei Ueshiro.

As always, we welcome all USRKUSA deshi who wish to visit us in Connecticut.

Sensei Adam Dunsby, Shihan, Yon-Dan  
203-292-3692  
65 Redding Rd., Easton, CT 06612  
adunsby@optonline.net



## Class schedule:

Tuesday 5:45 PM - 7:00 PM

Sunday 8:00 AM - 9:15 AM



# Easton CT Ueshiro Shorin-Ryu Karate Club

This winter, the structural renovation of the Easton dojo (barn) was completed with a new floor, which allowed us to securely mount two makiwara to aid in our training.



The rope makiwara once resided in the Midtown Dojo.



# UF Law Karate Dojo

Established 2016

The UF Law Karate Dojo is continuing to grow, as classes have begun at (and now officially moved to) a new location: Maguire Village graduate housing center at the University of Florida.

We hold classes at the following times:

- Tuesdays- 6:30pm at the Maguire Village Commons
- Fridays- 5:30pm in the Maguire Village Commons

Domo arigato to Tezel Sensei and the Ueshiro Merritt Island Karate Dojo, our “sponsoring dojo,” for organizational guidance

Domo Arigato Hanshi Scaglione for continuing to illuminate the path for all of us, from white belt to senior black belt.

Sempai Trevor Tezel, Ni-Dan



# UF Law Karate Dojo

The UF Law Karate Dojo continues to grow as classes have now officially started at our new location: Maguire Village Commons, Maguire Village Graduate Housing Center at the University of Florida.

We hold classes at the following times:

- Tuesdays 6:30 PM
- Fridays 5:30 PM

Our group is small but includes a strong cadre of mothers and children, a half-dozen or so eagerly practicing their kata and basics.

We will hold our first tip test on Tuesday, April 4<sup>th</sup>, 2017 at 6:30 PM.

Domo arigato Tezel Sensei and the Ueshiro Merritt Island Karate Dojo, our “sponsoring dojo,” for organizational guidance.

If you are in the North Central Florida area, even outside the class times prescribed, please feel free to contact us so we can show you some USRKUSA hospitality and good training.



# Ueshiro Neve

Established 2012

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi.

I look forward to my next great privilege of training at my home dojo in Neve Yamin on April 2nd for a couple weeks, through Passover and Spring Break.

In the meantime, I am beginning March 5th to teach Karate at the Charlotte JCC, North Carolina, while there on temporary work assignment for the next couple of years.

Please feel free to stop by and train with me, either in North Carolina or Israel.



Master Ueshiro and Ken Lee  
c 1962



# Ueshiro Neve

It is a great privilege to have two Ik-Kyu running the dojo operations and leading training at our Neve Yamin location in Israel (Sempai Avi David and Sempai Eyal Elnir); while I am away on a temporary work assignment in Charlotte, North Carolina.

We trained extensively together during my visit back home in December and celebrated our karate brotherhood with end of the year Compai. A special highlight during this visit, was bringing both my Sempai two new pairs of Okinawan Tuifa (Tonfa) of the finest Shureido quality, like my own pair of many years.

What a pleasure it was to teach my Sempai to do our traditional Okinawan Tuifa Kata with these exquisite weapons and make them “whistle” through the air (as Hanshi would say).



# Ueshiro Neve

In early February, I had another great privilege to travel to Florida and participate in the 55<sup>th</sup> anniversary training, testing and dinner event. It was all unforgettable: the training, discovering more from Hanshi and the Kyoshi[s], comradery -- getting to spend time with my karateka brothers of many years both during and after workouts, training with my deshi from my former dojo[s] in Florida (of which several are Black Belts now), meeting new karate 'family' members, enjoying the sun, sand and water of Cocoa Beach, and more...



# Ueshiro Neve

Back home in Israel, later this past February, Sempai Eyal Elnir of the Ueshiro Neve Dojo (photo below), was promoted to Ik-Kyu (Brown Belt with Black Tips). Big congratulations to Sempai Eyal on a strong test made possible by his utmost dedication and tenacious training! Thank you to Sensei Nir Zamir for hosting this February test at his dojo in Herzliya, about one hour drive from Neve Yamin. Sensei Zamir led the board of judges, including Herzliya's Sempai Sinai (Shodan). Congratulations to Sempai Doron Hanochi from Herzliya Dojo who was promoted to San-Kyu, and also thank you to him for arranging Skype group video conferencing, enabling Kyoshi Seeger and I to join the board of judges virtually throughout the entire traditional workout and test. It was awesome coming together to do karate virtually on the other side of the globe.

Domo Arigato Gozaimasu,  
Sensei David Tamir, Denshi Shihan, Roku-Dan  
972-54-283-3777

Located across from the G-shopping center of Kfar-Saba,  
Neve Yamin, Israel

tamirsensei@gmail.com

<http://www.nevekarate.com>



# Hong Kong Harbour Karate Club

Established 2014

Onegai Shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

As we welcome the year of the Rooster, it's also a great time to look to the future.



Domo Arigato Gozaimasu to Hanshi and Kyoshi for continuing to lead us into the future to create more history!



# Hong Kong Harbour Karate Club



It was a special end to 2016 at Ueshiro Harbour Karate to celebrate 20 years of our traditional style of Okinawan karate in Hong Kong!

The day began with an early beach workout at beautiful Cheung Sha Lower Beach on Lantau Island. The training started with warm-ups, then proceeded to kata with an emphasis on focus. There was partner training followed by more kata, including working with weapons. The training ended with warm-down and stretching.

After the beach, additional guests joined us at a private room with a unique presentation: a 90 minute custom movie created by our very own Samuel Khiatani featuring 20 years of history from karate training, along with a compai meal.

The movie was a powerful reminder of the history created over many decades by this traditional karate training.

Domo Arigato Gozaimasu to Hanshi and Kyoshi for continuing to lead us forward to create more history!

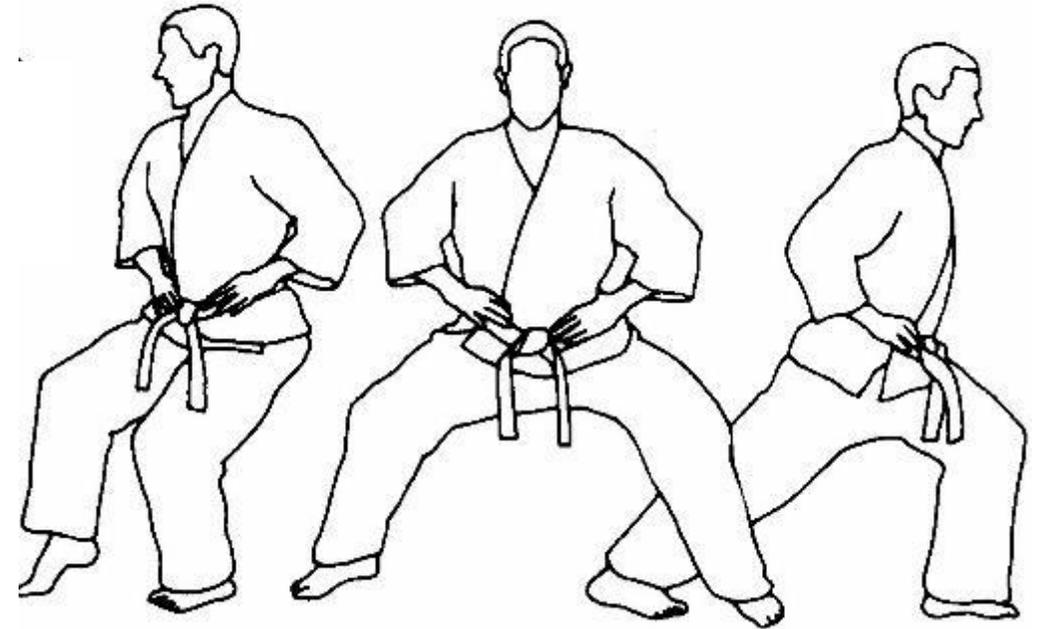
Sensei Tytus Michalski, Shihan, San-Dan  
011 (852) 9272-1891  
Kowloon Park Sports Centre, TST, Hong Kong  
[tytus1@gmail.com](mailto:tytus1@gmail.com)  
[www.harbourkarate.com](http://www.harbourkarate.com)



# Hong Kong Ueshiro Karate Club

Established 1996

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi. We have had an exciting few months in Hong Kong.



Thanks to all the Hong Kong Deshi who attended the beach workout we conducted in December 2016.

Sensei Alan Lai, Shihan, Roku-Dan

Coordinator of all HK clubs: Mr. Patric April

011 (852) 9272-1891; senseilai@gmail.com

Kowloon Bay Sports Centre, Kowloon Bay, Hong Kong

<http://www.shorinryu.hk/>



# Hong Kong Ueshiro Karate Club

Established 1996



Congratulations to Alwyn who participated in our recent test and was promoted to one green tip.



Last but not least, a big Domo Arigato to Sempai David Norman who visited us and gave all the deshi here very sweet extra sugar! Welcome "home." We hope to see Sempai Norman on the deck again soon. And perhaps many of you as well, should you ever pass our way.



# Herzelia Ueshiro Dojo

Established 1992

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi.



This February we held our Kyu Rank promotion by having a remote-access video conferencing so as to benefit by the (virtual) presence of Kyoshi Seeger and Sensei Tamir, each situated in their own respective USA location. It was a great experience, and we had 2 Deshi - one from Tamir Sensei's Neve Yamin dojo, and another from our Herzelia dojo - test and be promoted to Ik Kyu and San Kyu, respectively. This was a good way, as well, to celebrate our 55TH Shorin Ryu event, and we look forward to employing this technology as much as possible in the future.

Sensei Nir Zamir, Denshi Shihan, Go-Dan

011-972 54 430 0429

12 Tzamarot St., Hertzlia, Israel

nir@yoggie.com

[www.shorinryu.com/zamir1.htm](http://www.shorinryu.com/zamir1.htm)



# Credits

- *2017 Spring Newsletter produced by Sempai Brian Heese, Ueshiro Okinawan Karate Club of Pelham Manor, with editorial assistance from Kyoshi Michael Mackay.*
- *Domo arigato to Hanshi Robert Scaglione and all the Kyoshi for all you do for Ueshiro Shorin-Ryu Karate USA.*
- *All the submissions courtesy of the Shihan of USRKUSA.*
- *Photographs courtesy Chloe Margolis, Laurie Werner, and the students of USRKUSA.*
- *Write-ups of the 55th workout adapted from descriptions of Kyoshi Mackay and Sensei Tezel.*
- *Spring Newsletter cover design by Sensei Jon Cohen.*
- *55th Anniversary patch courtesy of Sensei Ron Ballin.*
- *Various artwork from “Okinawan Karate Question and Answer Book” by Sensei Cummings and Hanshi Scaglione.*

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